Automatic Payment Checklist

Payment	Company	Account Number	Amount	Date of Payment
Mortgage/Rent				
Auto Loans				
Insurance				
Credit Cards				
Gas/Oil				
Electric				
Cable/Tv				
Telephone				
Cell Phone				
Water				
Garbage				
Internet Provider				
Health Club				
Investments				
IRA/Retirement				
Charities				
Daycare				
Other				

Direct Deposit Checklist

Payment	Company	Account Number	Amount	Date of Deposit
Employee Payroll				
Pension(s)/Retirement Plans				
Social Security				
Investment Incomes				
Other				

Helpful Phone Numbers and Websites

Social Security Adminstration 1-800-772-1213
www.ssa.gov

Office of Personal Management 1-888-767-6738
www.opm.gov

Railroad Retirement Board 1-800-808-0772
www.rrb.gov

Department of Veterans Affairs 1-877-838-2778 or 1-800-827-1000
www.va.gov

Vigilant Federal 410-686-5940
www.vigilantfederal.com

Fast Banking 24/7 1-866-844-5268